

Children's Cancer Run At School, 2024

Schools' Resource: **Planning (Pre-Run Day) Top Tips**

Below is a checklist containing a few top tips to consider whilst planning your Children's Cancer Run At School event.

We have left some extra space for anything else you need to add to this list which is specific to your school.

Planning Top Tips Checklist (Pre-Run Day)

Top Tip	Done
Remember health and safety! Carry out a full risk assessment of the event ahead of the day and ensure your senior management team is happy with all of the arrangements for your Children's Cancer Run At School event.	
Make sure you have a First Aid trained member of staff available on run day.	
Think ahead - will your route work in any weather? Do you need to plan a wet weather contingency so that your event can still go ahead regardless?	
Measure your distance using a run or walk app on a smart phone or similar measuring device.	
Plan where your Start line, Finish line and Cheering Points (if applicable) will be.	
Establish whether you are going to have other members of staff on hand to act as marshals and hand out finisher goodies after the children cross the FINISH LINE! - It may be easier to give these out to each child within their classroom setting after they have finished running and returned to their desks.	
Hold some training sessions during the weeks beforehand in PE lessons to help everyone prepare for the run.	
Decide whether you are going to hold your own Warm Up session for the children before your run with a staff member leading it or if you will be using one of the downloadable videos available on the Children's Cancer Run website for your 'At School' event. Note: You will need a big screen and speakers to show these videos.	